



Shine as Lights in the World
Philippians 2.15

9th January 2026

Dear Parents and Carers,

Happy New Year! I hope that you all had a wonderful Christmas and enjoyed the festive break. I would also like to extend a more specific welcome to the new children joining our school this term. We hope you will be happy at Wychwood.

Healthy Snacks

Resolving to eat more healthily may well be on the minds of many of us as we start the new year. I would like to take this opportunity to remind you all that the children should only be eating a healthy snack during our morning playtime. We have seen an increase in children bringing in packets of crisps, sweets and chocolate and if staff see this, they will ask the children to put the snack back in their bags to enjoy out of school. Please support us by only sending in a healthy option. Reception and Key Stage 1 children are provided with a piece of fruit or vegetable every day, but I thought it might be useful to share these ideas from the NHS again for the parents of children in Key Stage 2:

<https://www.nhs.uk/healthier-families/food-facts/healthier-snacks/>

Healthy Digital Lives

Another common resolution is to improve the relationship we have with our phones or other devices. I know many of you will share my own worries about the impact the digital world has on our children. To that end, The Children's Commissioner has created a guide for parents called: *What I wish my parents or carers knew... A guide for parents and carers on managing children's digital lives*. We have attached an interactive copy of it with this email. I hope you find it useful.

Curriculum Overviews

Our Curriculum Overviews for each phase can be found by clicking the link below.

<https://www.wychwood-pri.oxon.sch.uk/bloqs/curriculum-overviews/>

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Dates for the Spring Term

Date	Details	Who
27 th January	SEND Sip and Share (coffee morning) Join us in the hall after you have dropped your children off	All
29 th January	U11s Sportshall Athletics	Selected Yr 5/6
4 th February	Year 3 Multiskills at Burford School	Year 3
12 th February	U11s Tag Rugby	Selected Yr 5/6
16 th – 20 th February	Half Term	All
25 th & 26 th February	Parent Teacher Meetings	All

Birthday Book Donations

Happy Birthday to Grace (Hazel) and Sammie (Sycamore). Thank you for donating a book to your class. We hope you had a special day! If you would like to donate a book, please collect a donation sticker from the school office.

Thank you for your continuing support,

Katy Gent
Headteacher
Wychwood CE Primary School