

## Being Me in My World

FSU – Term 1

	<b>Lesson Number</b>	<b>Lesson Topic</b>	<b>Key Vocabulary</b>
Ages 3 - 5	1	Who ... me?!	<i>Kind, gentle, friend, similar(ity), different, rights, responsibilities, feelings, angry, happy, excited, nervous, sharing, taking turns.</i>
Ages 3 - 5	2	How am I feeling today?	
Ages 3 - 5	3	Being at school	
Ages 3 - 5	4	Gentle hands	
Ages 3 - 5	5	Our rights	
Ages 3 - 5	6	Our responsibilities	

## Celebrating Difference

FSU – Term 2

	<b>Lesson Number</b>	<b>Lesson Topic</b>	<b>Key Vocabulary</b>
Ages 3 - 5	1	What am I good at?	<i>Different, special, proud, friends, kind, same, similar, happy, sad, frightened, angry, family.</i>
Ages 3 - 5	2	I'm special, I'm me!	
Ages 3 - 5	3	Families	
Ages 3 - 5	4	Homes	
Ages 3 - 5	5	Making friends	
Ages 3 - 5	6	Standing up for yourself	

## Dreams & Goals

FSU – Term 3

	<b>Lesson Number</b>	<b>Lesson Topic</b>	<b>Key Vocabulary</b>
Ages 3 - 5	1	Challenge	<i>Dream, goal, challenge, job, ambition, perseverance, achievement, happy, kind, encourage.</i>
Ages 3 - 5	2	Never giving up	
Ages 3 - 5	3	Setting a goal	
Ages 3 - 5	4	Obstacles and support	
Ages 3 - 5	5	Flight to the future	
Ages 3 - 5	6	Footprint awards	

## Healthy Me

FSU – Term 4

	<b>Lesson Number</b>	<b>Lesson Topic</b>	<b>Key Vocabulary</b>
Ages 3 - 5	1	Everybody's body	<i>Healthy, exercise, head, shoulders, knees, toes, sleep, wash, clean, stranger, scared, trust.</i>
Ages 3 - 5	2	We like to move it, move it!	
Ages 3 - 5	3	Food, glorious, food.	
Ages 3 - 5	4	Sweet dreams	
Ages 3 - 5	5	Keeping clean	
Ages 3 - 5	6	Safe adults	

Relationships

FSU – Term 5

	<b>Lesson Number</b>	<b>Lesson Topic</b>	<b>Key Vocabulary</b>
Ages 3 - 5	1	My family and me!	<i>Family, jobs, relationship, friend, lonely, argue, fall-out, words, feelings, angry, upset, calm me, breathing.</i>
Ages 3 - 5	2	Make friends, make friends, never ever break friends (part 1)	
Ages 3 - 5	3	Make friends, make friends, never ever break friends (part 2)	
Ages 3 - 5	4	Falling out and bullying (Part 1)	
Ages 3 - 5	5	Falling out and bullying (Part 2)	
Ages 3 - 5	6	Being the best friends we can be	

## Changing Me

FSU – Term 6

	<b>Lesson Number</b>	<b>Lesson Topic</b>	<b>Key Vocabulary</b>
Ages 3 - 5	1	My body	<i>Eye, foot, eyebrow, forehead, ear, mouth, arm, leg, chest, knee, nose, tongue, finger, toe, stomach, hand, baby, grown-up, adult, change, worried, excited, memories.</i>
Ages 3 - 5	2	Respecting my body	
Ages 3 - 5	3	Growing up	
Ages 3 - 5	4	Fun and fears (Part 1)	
Ages 3 - 5	5	Fun and fears (Part 2)	
Ages 3 - 5	6	Celebration	