At Wychwood we want PSHE to prepare children for the opportunities, responsibilities and experiences of adult life, through teaching them the fundamental building blocks and characteristics of positive relationships. From the beginning of their school journey children are taught, how to take turns, how to treat others with kindness, consideration and respect, the importance of honesty and truthfulness, permission seeking and giving, and the concept of personal privacy. We strive to enable children to develop resilience, confidence and independence, know how and when to ask for help and to know where to access support.

During the year the themes we will be focusing on are:

Autumn Term

	Being Me in My World	Celebrating Difference
FSU	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself
KS1	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences	Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone
LKS2	Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Group decision making Having a voice What motivates behaviour	Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments Challenging assumptions Understanding bullying Problem-solving
UKS2	Planning the year ahead Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating	Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures

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Chipping Norton, Oxon, OX7 6BD.
Telephone 01993 830059
Email office.3257@wychwood-pri.oxon.sch.uk
Web wychwood-pri.oxon.sch.uk

Spring Term

	Dreams & Goals	Healthy Me
FSU	Challenges Perseverance Achieving and setting goals Overcoming obstacles Seeking help Jobs	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety
KS1	Setting goals Identifying successes and achievements Perseverance and strengths Learning styles Learning with others Working well and celebrating achievement with a partner Feelings of success	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Safety out and about Medicines
LKS2	Overcoming disappointment Difficult challenges and achieving success Recognising and trying to overcome obstacles Evaluating learning Processes Contributing to the community Managing feelings Simple budgeting	Exercise Food labelling and healthy swaps Attitudes towards drugs Keeping safe online and offline Respect for myself and others Smoking Alcohol and vaping Healthy and safe choices outdoors Water safety Asking for help
UKS2	Future dreams Spending, saving and value of money Jobs and careers Dream job and how to get there Making a difference in the world Motivation Recognising achievements Compliments	Smoking, including vaping Alcohol and vaping Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour

Summer Term

	Relationships	Changing Me
FSU	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
KS1	Belonging to a family Making friends/being a good friend Physical contact preferences Self-acknowledgement Being a good friend to myself Secrets Trust and appreciation Celebrating special relationships	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Assertiveness Preparing for transition
LKS2	Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Media influence Getting on and falling out Girlfriends and boyfriends Showing appreciation to people and animals	How babies grow Outside body changes Inside body changes Confidence in change Accepting change Preparing for transition Environmental change
UKS2	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Power and control Assertiveness Technology safety Take responsibility with technology use	Self-image Body-image Puberty and feelings Conception (including IVF) Conception to birth Reflections about change Physical attraction Respect and consent Preparing for transition

Book recommendations

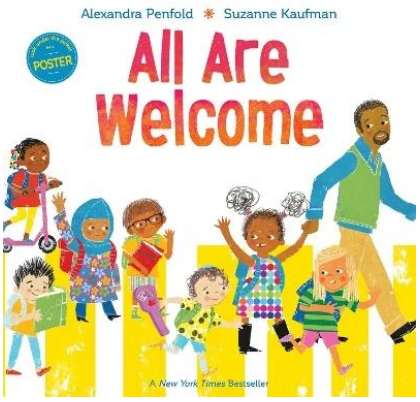
On the following pages there are some different recommendations of books that link to some of the topics that are being covered in PSHE over the year. Please ensure you read the reviews and general themes of the book to make sure they will be appropriate for your child. If you click on the book it will take you to a link on Amazon.

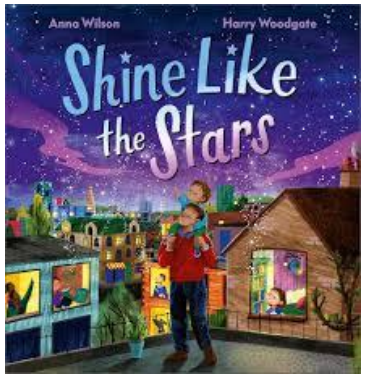
Visits

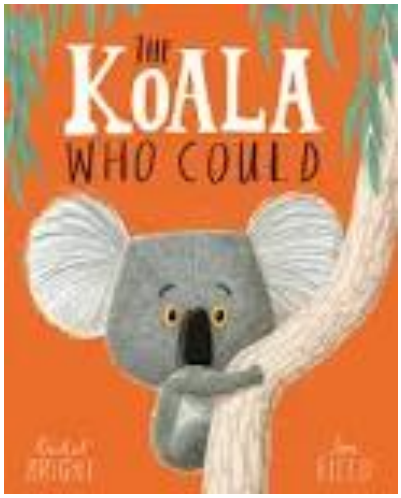
If you or a family friend has a job or any experience linked to any of the PSHE units being covered then we would love to invite them into school. Please contact the office if you know someone who would be interested in speaking to the children about their experiences.

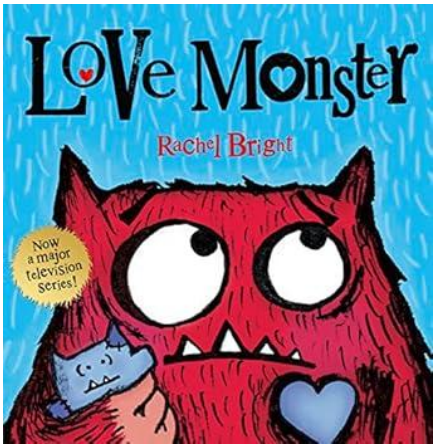
Thank you for you support.

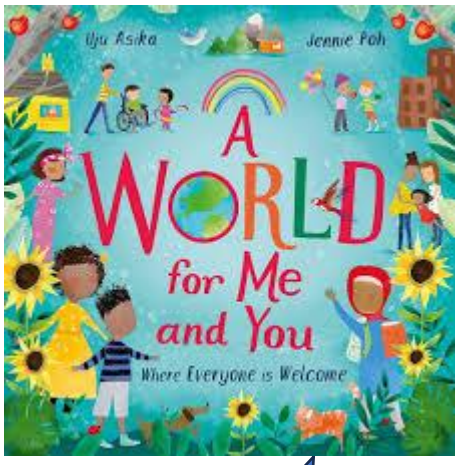
Mrs Maunoury
PSHE Lead

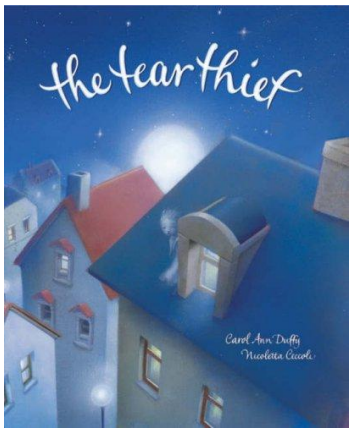

Alexandra Penfold ✱ Suzanne Kaufman
All Are Welcome
POSTER
A New York Times Bestseller

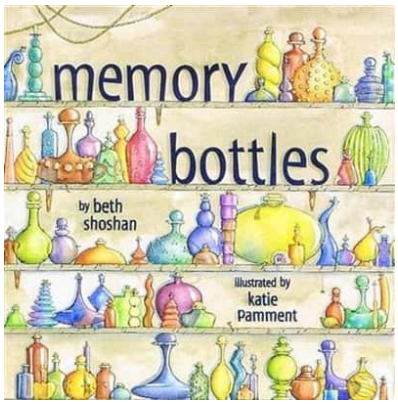

Anna Wilson
Harry Woodgate
Shine Like the Stars


The Koala Who Could

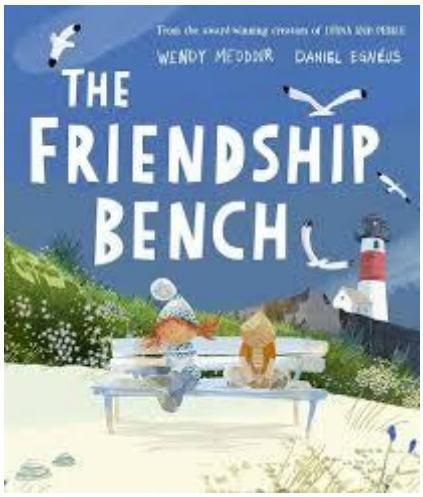

Love Monster
Rachel Bright
Now a major television series!


Uju Asika
Jennie Poh
A World for Me and You
Where Everyone is Welcome

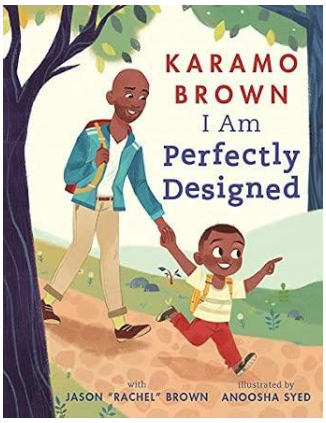

the tear thief
Carol-Ann Duffy
Nicoletta Ceccoli

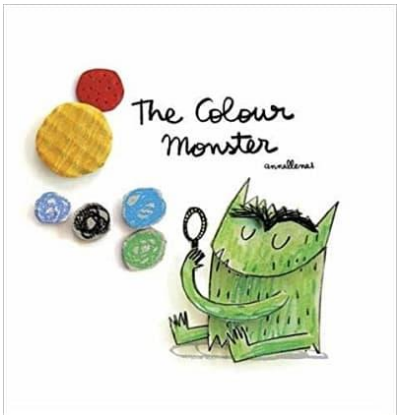

memory bottles
by beth shoshan
illustrated by katie Pamment

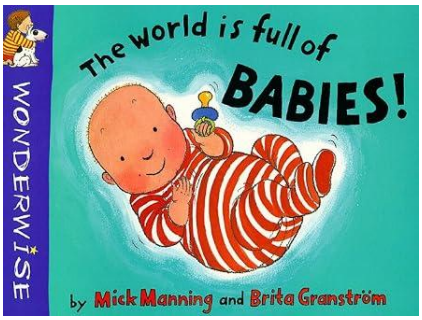
FSU/
KS1

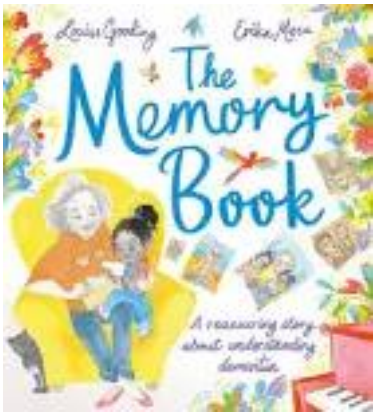

WENDY MEDDOUR
DANIEL EGNÉUS
THE FRIENDSHIP BENCH

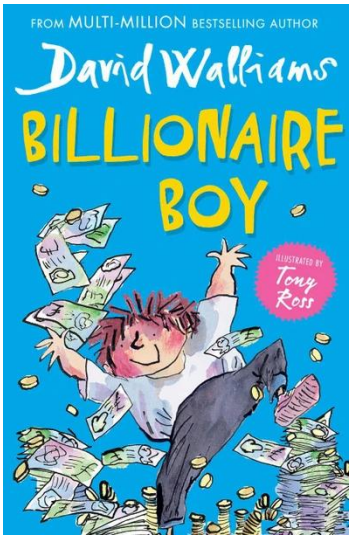

The Huge Bag of Worries
By Virginia Ironside
Illustrations by Frank Rodgers

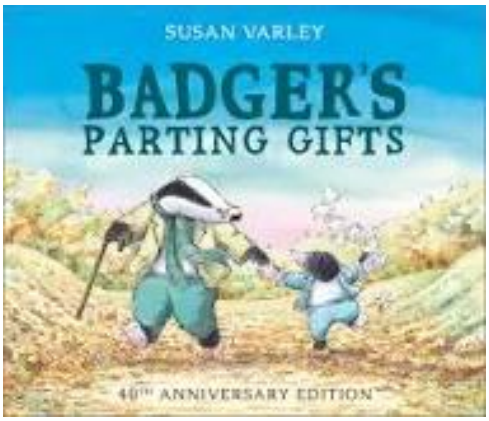

KARAMO BROWN
I Am Perfectly Designed
with JASON "RACHEL" BROWN
illustrated by ANOOSHA SYED

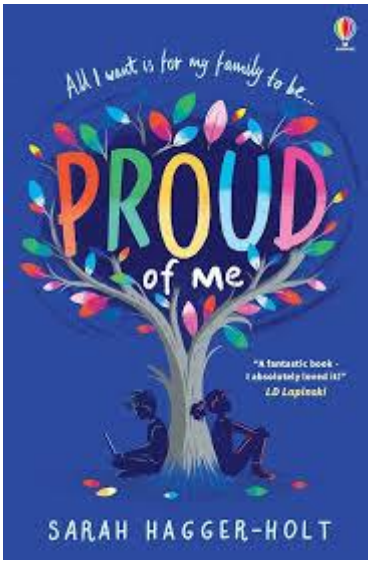

The Colour Monster


WONDERWISE
The world is full of BABIES!
by Mick Manning and Brita Granström

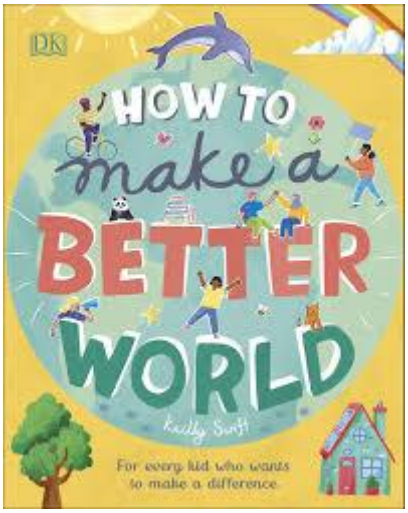

The Memory Book

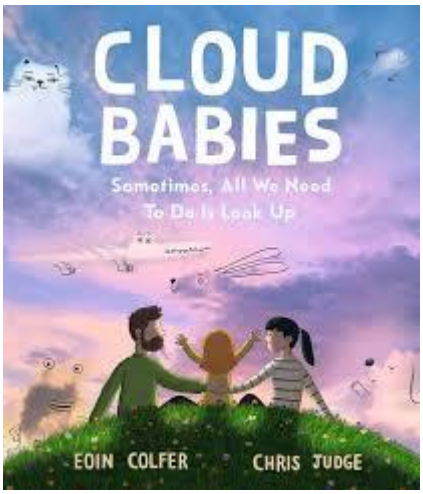

FROM MULTI-MILLION BESTSELLING AUTHOR
David Walliams
BILLIONAIRE BOY
ILLUSTRATED BY
Tony Ross

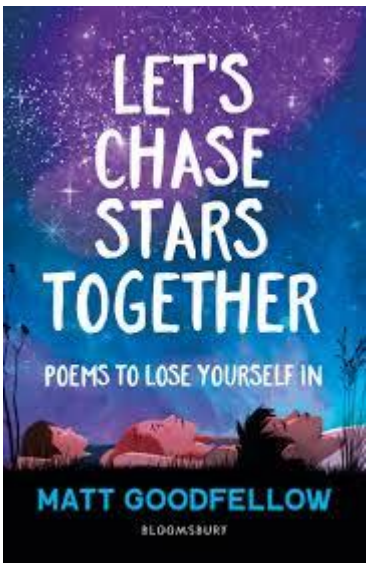

SUSAN VARLEY
BADGER'S PARTING GIFTS
40TH ANNIVERSARY EDITION

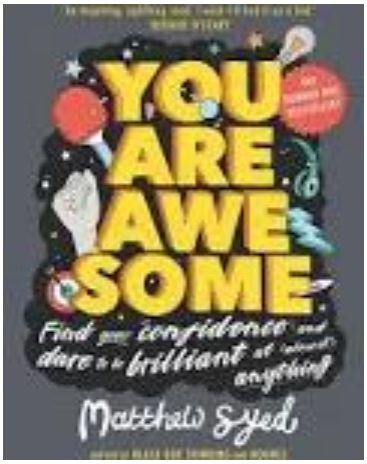

All I want is for my family to be...
PROUD of Me
SARAH HAGGER-HOLT

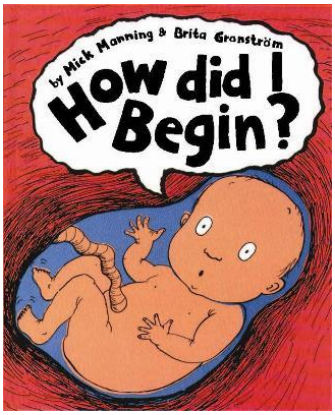
KS2


DK
HOW TO make a BETTER WORLD
For every kid who wants to make a difference


CLOUD BABIES
Sometimes, All We Need To Do Is Look Up
EOIN COLFER
CHRIS JUDGE


LET'S CHASE STARS TOGETHER
POEMS TO LOSE YOURSELF IN
MATT GOODFELLOW
BLOOMSBURY


YOU ARE AWE SOME
Matthew Syed


by Mick Manning & Brita Granström
How did I Begin?